

Food represents two important aspects of the human life: it is essential to survive and it is a part of the cultural identity.



Furthermore the **production of food** is deeply connected with the **landscape** and the different **environmental conditions**. For this reason local products are an important issue in the UNESCO Geopark: they link the history of the populations with their territory.



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It is easy to understand that there is a huge amount of kind of food and beverages in geoparks around the world, from vegetables to meats, from cereals to cheese, fish or any other product from ancient traditions.



To be connected with the ancient traditions It's not just about the "roots" of a population but also a way to improve a **local sustainable economy** based on this kind of products



In the Geoparks world there is also a project which aim is promote the sustainable and local production of food trough the brand: [Geofood](#) .

During the project we met some wine - food producers and [fishers](#) in the area of the [Sesia Val Grande Geopark](#)

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WHERE WE MET THEM

- Geopark boundaries
- Val Grande National Park
- Fondo Toce Natural Reserve
- Alta Valsesia and Strona Valley Regional Park
- Monte Fenera Regional Park
- Zegna Oasis
- ▲ Sacred Mounts
- Sesia Supervolcano
- Insubric Line
- Main rivers
- ▲ Main mountains

- **TOURISM**
- **LOCAL BUSINESS**

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